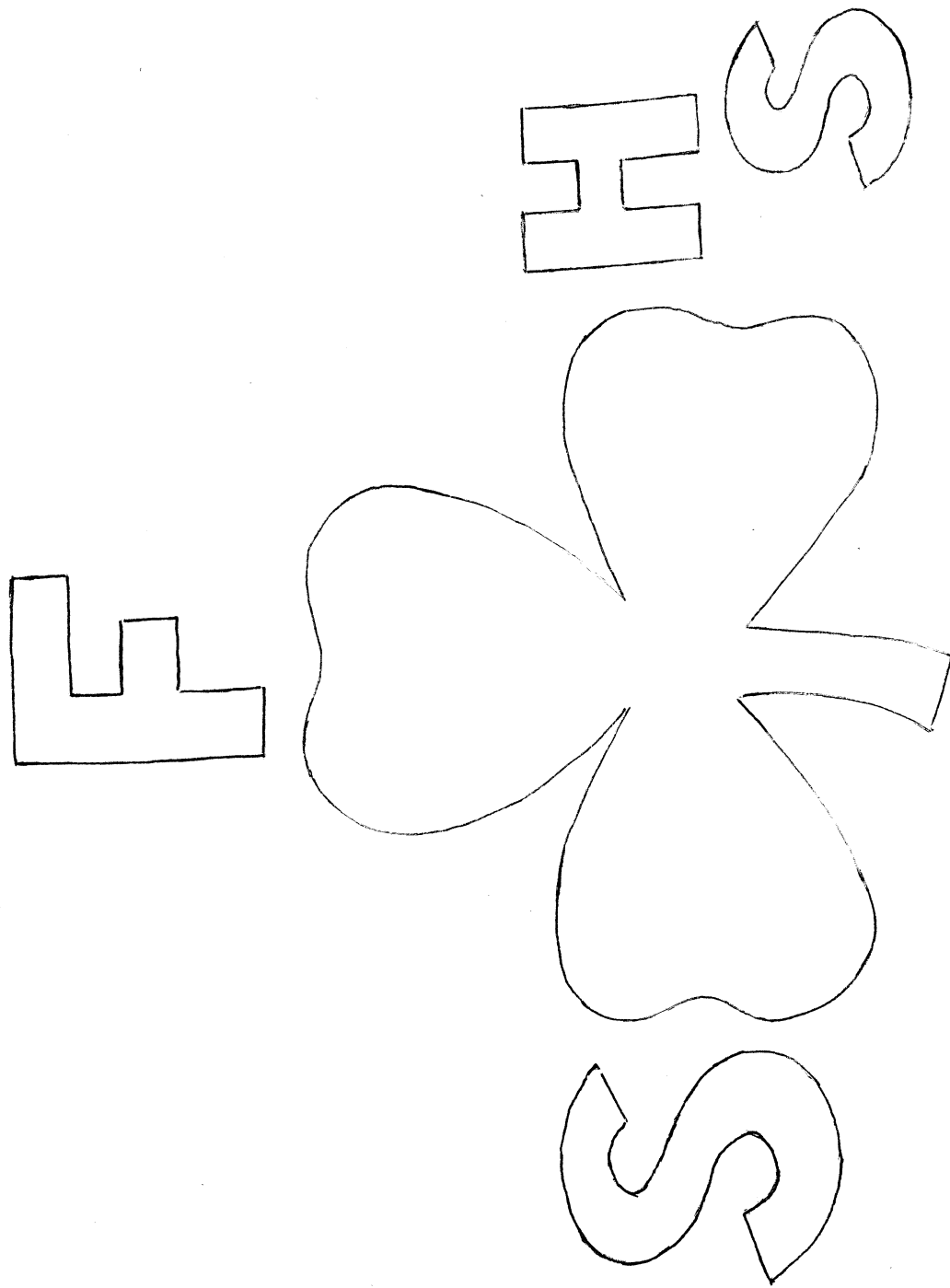


Trinity-Shamrock T-Shirt Stencil



## PROJECT INSTRUCTIONS

### ST. PATRICK'S DAY TRINITY-SHAMROCK T-SHIRT

#### SUPPLIES NEEDED

"Trinity-Shamrock" stencil

White T-Shirt

\*Fabric Paint – For Option 1: Grass Green and White/ Gold, Silver, or Crystal Glitter Paint

\*Fabric Paint – For Option 2: Grass Green, White, and Deep Yellow or Lime Green

\*Fabric Paint – For Option 3: Grass Green, White, and Deep Yellow, Lime Green, or Purple/  
Gold, Silver, or Crystal Glitter Paint

*(See "Options" below to decide which option you wish to use)*

Small Pair of Scissors, with fine point (or Exacto Knife)

Wax Paper, or other barrier material, about 12"x12"

Piece of dry sponge, about 1-1/2" square (2 pieces for Option 2 or 3)

Fine Brush

Newspaper, or other protection, for work surface

Small Container with Water, to rinse brush

Styrofoam Tray or Plastic Lid, to squeeze paint onto

Masking Tape

White Rag or Paper Napkin, for testing

Cotton Swabs

Rubbing Alcohol

\* "Dimensional" paint is acceptable. Can be used for flat coat of paint, rather than applied thickly for dimension.

#### OPTIONS

#1 – Grass Green shamrock and Grass Green lettering,

with gold, silver, or crystal glitter paint painted over the letters

#2 – Grass Green shamrock and Deep Yellow or Lime Green lettering

#3 – Grass Green shamrock and Deep Yellow, Lime Green, or Purple lettering,

with gold, silver, or crystal glitter paint painted over the letters

#### INSTRUCTIONS

1. **Wash new T-shirts** before painting them, without using fabric softener.
2. Print out a **copy of the stencil**. Print it on cardstock to make a sturdier stencil, especially if you plan to use it for more than one shirt. Printer paper will become soggy and curl up after the stencil is used once.
3. **Cut out the shamrock and the letters** of the stencil. It requires a little time and patience. You may want to listen to some music. (Maybe a little Celtic music would put you in the mood.) If using a small, pointed pair of scissors, make it easier by first poking a hole in the middle of the shamrock or letter with one of the sharp tips. Cut through the middle of the letters the long way, splitting off and cutting to each corner before you reach the extremities. Then do the exact trimming needed. If you're good with an Exacto Knife, you may be able to cut out the letters with that.

4. Place a piece of wax paper or other **barrier inside the T-shirt** to prevent paint from leaching onto the other side of the shirt.
5. **Protect your work surface** with newspaper or other protection.
6. **Tape the corners of the stencil** onto the chest portion of the shirt with masking tape, making sure it's centered and straight.
7. Have some **cotton swabs and rubbing alcohol** handy. If you should get a little smudge of paint outside the stencil line, you may be able to fix it. Dab it with a dry swab first, to remove excess paint where it isn't wanted. Then try to remove the rest with a clean swab dampened with rubbing alcohol. If that doesn't work, paint a tiny amount of white paint over the mistake. Fan out the white paint, so it is less noticeable.
8. **TO PAINT THE SHAMROCK AND LETTERS (UNDERCOAT OF LETTERS FOR OPTIONS 1 & 3):**  
Shake the fabric paint and squeeze some onto a styrofoam tray or plastic lid.  
With one hand, hold the stencil flat against the specific part of fabric you are preparing to paint. With the other hand, dunk the piece of dry sponge in the paint and apply the paint onto the stencil openings. **Be careful to put only small daubs on the sponge and apply cautiously to prevent paint from leaching under the stencil.** (You may want to cut a small shape out of a piece of paper to use as a "practice stencil" and place it on a white rag or napkin. Then you can practice daubing the paint.)  
**TO PAINT A LAYER OF GLITTER PAINT OVER THE LETTERS FOR OPTIONS 1 & 3:**  
After allowing the undercoat of paint on the letters to dry at least a couple of hours, shake the glitter fabric paint and squeeze some onto the styrofoam tray or plastic lid. Use a fine brush to carefully paint a layer of glitter paint over the letters.
9. When finished applying the paint on the shirt, carefully **remove the stencil**.
10. **Allow the paint to dry** the amount of time indicated on the bottle. Don't launder for at least 3 days. Turn shirt inside out **when laundering**. Do not wash or dry hot.

*Compliments of JoAnne's Site*